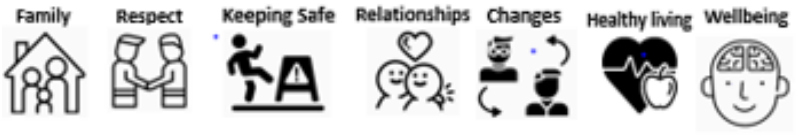
Concept Map – RSHE

Concept	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Family 	Families and people who care for me Respectful kind relationships	Families and people who care for me Respectful kind relationships	Families and people who care for me Respectful kind relationships	Families and people who care for me Respectful kind relationships	Families and people who care for me Respectful kind relationships	Families and people who care for me Respectful kind relationships
Respect 	Families and people who care for me Caring friendships Respectful kind relationships	Families and people who care for me Caring friendships Respectful kind relationships	Families and people who care for me Caring friendships Respectful kind relationships	Families and people who care for me Caring friendships Respectful kind relationships	Families and people who care for me Caring friendships Respectful kind relationships	Families and people who care for me Caring friendships Respectful kind relationships
Keeping Safe 	Online safety and awareness Being safe Health protection and prevention Basic first aid	Online safety and awareness Being safe Health protection and prevention Basic first aid	Online safety and awareness Being safe Health protection and prevention Basic first aid	Online safety and awareness Being safe Health protection and prevention Basic first aid	Online safety and awareness Being safe Health protection and prevention Basic first aid	Online safety and awareness Being safe Health protection and prevention Basic first aid
Relationships 	General wellbeing Caring friendships Respectful kind relationships Wellbeing online	General wellbeing Caring friendships Respectful kind relationship Wellbeing online	General wellbeing Caring friendships Respectful kind relationships Wellbeing online	General wellbeing Caring friendships Respectful kind relationship Wellbeing online	General wellbeing Caring friendships Respectful kind relationships Wellbeing online	General Wellbeing Caring friendships Respectful kind relationships Wellbeing online
Changes 	Caring friendships	Caring friendships	Developing bodies Caring friendships	Developing bodies Caring friendships	Developing bodies Caring friendships	Developing bodies Caring friendships
Healthy Living 	Physical health and fitness Healthy Eating	Physical health and fitness Healthy Eating	Physical health and fitness Healthy Eating	Physical health and fitness Healthy Eating	Physical health and fitness Healthy Eating	Physical health and fitness Healthy Eating
Wellbeing 	General Wellbeing Caring friendships Respectful kind relationships Wellbeing online	General Wellbeing Caring friendships Respectful kind relationships Wellbeing online	General Wellbeing Caring friendships Respectful kind relationships Wellbeing online	General Wellbeing Caring friendships Respectful kind relationships Wellbeing online	General Wellbeing Caring friendships Respectful kind relationships Wellbeing online	General Wellbeing Caring friendships Respectful kind relationships Wellbeing online

EYFS -



ELG: Self-Regulation Wellbeing 	- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, respond appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
ELG: Managing Self Wellbeing  Healthy Living 	- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Explain the reasons for rules, know right from wrong and try to behave accordingly; - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.
ELG: Building Relationships Relationships  Respect 	- Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs.

