

## Concept Map – RSHE

| Concept                                                                                                      | Year 1                                                                                                       | Year 2                                                                                                       | Year 3                                                                                                       | Year 4                                                                                                       | Year 5                                                                                                       | Year 6                                                                                                       |
|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| <b>Family</b><br>           | Families and people who care for me<br><br>Respectful kind relationships                                     | Families and people who care for me<br><br>Respectful kind relationships                                     | Families and people who care for me<br><br>Respectful kind relationships                                     | Families and people who care for me<br><br>Respectful kind relationships                                     | Families and people who care for me<br><br>Respectful kind relationships                                     | Families and people who care for me<br><br>Respectful kind relationships                                     |
| <b>Respect</b><br>          | Families and people who care for me<br><br>Caring friendships<br><br>Respectful kind relationships           | Families and people who care for me<br><br>Caring friendships<br><br>Respectful kind relationships           | Families and people who care for me<br><br>Caring friendships<br><br>Respectful kind relationships           | Families and people who care for me<br><br>Caring friendships<br><br>Respectful kind relationships           | Families and people who care for me<br><br>Caring friendships<br><br>Respectful kind relationships           | Families and people who care for me<br><br>Caring friendships<br><br>Respectful kind relationships           |
| <b>Keeping Safe</b><br>     | Online safety and awareness<br><br>Being safe<br><br>Health protection and prevention<br><br>Basic first aid | Online safety and awareness<br><br>Being safe<br><br>Health protection and prevention<br><br>Basic first aid | Online safety and awareness<br><br>Being safe<br><br>Health protection and prevention<br><br>Basic first aid | Online safety and awareness<br><br>Being safe<br><br>Health protection and prevention<br><br>Basic first aid | Online safety and awareness<br><br>Being safe<br><br>Health protection and prevention<br><br>Basic first aid | Online safety and awareness<br><br>Being safe<br><br>Health protection and prevention<br><br>Basic first aid |
| <b>Relationships</b><br>   | General wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     | General wellbeing<br><br>Caring friendships<br><br>Respectful kind relationship<br><br>Wellbeing online      | General wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     | General wellbeing<br><br>Caring friendships<br><br>Respectful kind relationship<br><br>Wellbeing online      | General wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     | General Wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     |
| <b>Changes</b><br>        | Caring friendships                                                                                           | Caring friendships                                                                                           | Developing bodies<br><br>Caring friendships                                                                  | Developing bodies<br><br>Caring friendships                                                                  | Developing bodies<br><br>Caring friendships                                                                  | Developing bodies<br><br>Caring friendships                                                                  |
| <b>Healthy Living</b><br> | Physical health and fitness<br><br>Healthy Eating                                                            | Physical health and fitness<br>Healthy Eating                                                                | Physical health and fitness<br><br>Healthy Eating                                                            | Physical health and fitness<br><br>Healthy Eating                                                            | Physical health and fitness<br><br>Healthy Eating                                                            | Physical health and fitness<br><br>Healthy Eating                                                            |
| <b>Wellbeing</b><br>      | General Wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     | General Wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     | General Wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     | General Wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     | General Wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     | General Wellbeing<br><br>Caring friendships<br><br>Respectful kind relationships<br><br>Wellbeing online     |