

Britannia Primary School and Nursery



Relationship, Sex Education Policy

‘Developing responsible citizens, confident individuals, and independent learners’

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<i>Committee</i>	Local Governing Body
<i>Signed by Chair of Committee</i>	J Rogers
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Relationship, Sex Education Policy

Definition of a Parent

- All biological parents, whether they are married or not.
- any person who, although not a biological parent, has parental responsibility for a child or young person - this could be an adoptive parent, a step-parent, guardian or other relative
- any person who, although not a biological parent and does not have parental responsibility, has care of a child or young person.

A person typically has care of a child or young person if they are the person with whom the child lives, either full or part time and who looks after the child, irrespective of what their biological or legal relationship is with the child.

Introduction

At Britannia Primary School, we are aware that young people are growing up in an increasingly complex world and how important it is that children understand how to be safe and healthy, and how to manage their academic, personal, emotional, moral, and social lives

in a positive way. Our vision at Britannia is for children to grow into *Responsible Citizens, Confident Individuals and be Independent Learners*. We embed this ethos throughout our lessons. Here we outline our relationship and sex education (RSHE) policy and the purpose of delivery in our school.

The purpose and aims of RSHE at Britannia

The aims of RSHE at our school are to:

- provide a safe environment in which sensitive discussions can take place.
- know about the risks of being online and how to stay safe.
- be able to recognise when something is risky or unsafe.
- demonstrate respectful behaviour towards others and develop feelings of self-respect, confidence, and empathy.
- recognise the importance of being healthy physically and mentally.
- know how to seek information and advice when they need help.
- create a positive culture around issues of sexuality and relationships and enable our students to better understand the nature of relationships.
- Prepare students for puberty and understand about human reproduction, whilst using the correct terminology to describe male and female reproductive organs.
- support all young people to stay safe and prepare for life in modern Britain.

The vision for safe and effective RSHE

To teach RSHE effectively, the subject is linked with other subjects across the curriculum. For instance, biological aspects of RSHE are taught within the science curriculum, and other aspects are included in religious education (RE).

As a school, our RSHE programme focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and the media
- Being safe
- Puberty and when human reproduction occurs

All lessons are taught with sensitivity, and we have ensured that there is no stigmatisation of

children based on their home circumstances. For instance, the topic of families is looked at on a wide spectrum: single parent families, LGBT parents, adoptive parents etc.

How is this underpinned?

As a primary academy, we must provide RSHE to all students as per section 34 of the Children and Social work act 2017.

At our school we teach RSHE as set out in this policy.

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education. The regulations also make Health Education compulsory in Academies.

What outcomes are intended?

Our curriculum is designed to support children growing up in an increasingly complex and digital world.

- RSHE is about the understanding of the importance of stable and loving relationships including family life.
- RSHE is about the emotional, social, and cultural development of pupils, and involves learning about relationships, puberty and hygiene, healthy lifestyles, diversity and personal identity.
- RSHE involves a combination of sharing information and exploring issues and values.
- RSHE is to promote our vision of children growing into *Responsible Citizens, Confident Individuals and Independent Learners*.
- We aim to support children to make the right decisions and keep themselves safe and happy.
- RSHE is **not** in any way about the promotion of sexual activity.

Roles & Responsibilities:

Governors will:

- The governing board will approve the RSHE policy, and hold the Principal to account for its implementation.
- Ensure the curriculum is well led, effectively managed and well planned

The Principal and SLT will:

- Oversee the overall implementation of this policy
- Ensure staff are suitably trained to deliver the subjects
- Ensure that parents are fully informed of this policy
- Review requests from parents to withdraw their children from the subjects
- Discuss requests for withdrawal with parents

- Report to the governing board on the effectiveness of this policy

Class teachers will:

- Deliver a high-quality and age-appropriate curriculum in line with statutory requirements
- Follow lesson plans set out by the RSHE lead
- Use a variety of teaching methods and resources to provide an engaging curriculum that meets the needs of all pupils
- Ensure they do not express personal views or beliefs when delivering the programme
- Model positive attitudes to relationships, health and sex education.
- Respond to any safeguarding concerns, in line with the Safeguarding and Child Protection policy
- Act in accordance with planning, monitoring and assessment requirements for the subjects
- Liaise with the SENDCO to identify and respond to individual needs of pupils with SEND
- Work with the RSHE lead to evaluate the quality of provision

Parents/carers will:

- Communicate openly and constructively with school staff regarding relationships, health and sex education
- Attend, or acknowledge, any consultation or information regarding the delivery of relationships, health and sex education

Legislation:

Relationships and Health Education is a statutory requirement for Primary schools to teach. Parents have the right to withdraw their children from the non-statutory components of sex education within RSHE.

Requests for withdrawal should be put in writing and addressed to the Principal.

Alternative work will be given to pupils who are withdrawn from sex education.

The RSHE guidance can be found here:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>